

REPORT
SELF DEFENCE TRAINING CLASS

The Women Study Unit, NCC and NSS unit of MMNSS College , Kottiyam has conducted a self defence training class on 26/06/2019. The Principal of MMNSS College presided the meeting and Miss: Lekshmi.B (Karate Black Belt Winner) lead the class. The aim of the programme was to create the skill of self defence against all kinds of ill behaviours.

Programme Photos:



